



Employee Engagement

Books

How Adam Smith Can Change Your Life by Russ Roberts

Drive: The Surprising Truth About What Motivates Us by Daniel Pink

Social: Why Our Brains are Wired to Connect by Matthew Lieberman

Start with Why by Simon Sinek

Podcasts

Better Than Cash: How Awards can Shape our Behavior by Hidden Brain

BS jobs: How Meaningless Work Wears Us Down by Hidden Brain

Dream Jobs by Hidden Brain: You 2.0

Deep Work by Hidden Brain: You 2.0

Ted Talks and Videos

[What Makes Us Feel Good About Our Work?](#) by Dan Ariely

[The Social Brain and its Superpowers](#) by Matthew Lieberman

[The Puzzle of Motivation](#) by Dan Pink

Articles

[How to Master New Skills with 'Deliberate Practice'](#) by BBC Capital

[How to Love Your Job Again](#) by BBC Capital

[Social Connection Makes a Better Brain](#) by The Atlantic

[The Right and Wrong Ways to Motivate Your Colleagues](#) by BBC Worklife

[The Many Upsides of a Happy Workforce](#) by BBC Worklife

[How Employee Engagement Drives Growth](#) by Gallup

Have something to add? Please email Hayley.Hohman@ofm.wa.gov

