

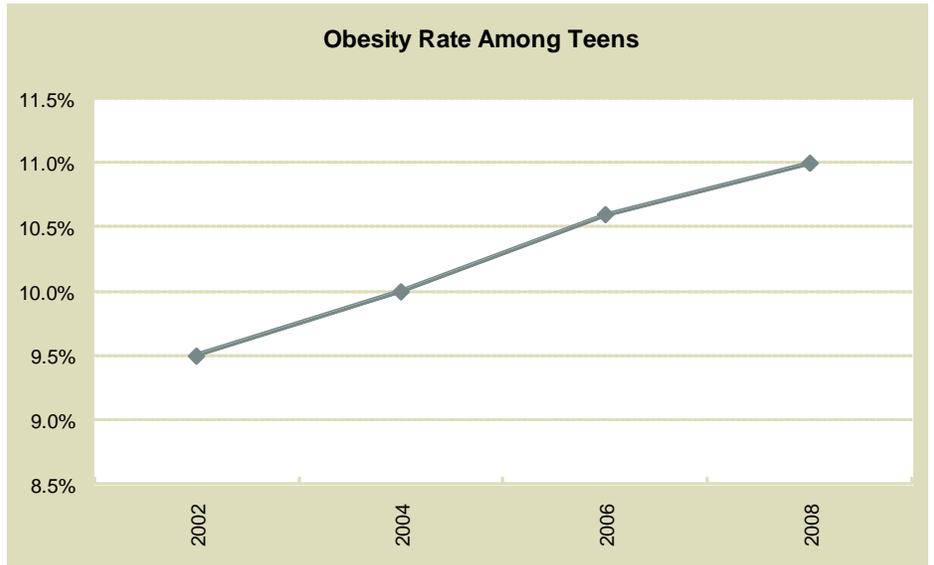
Improve the Health of Washingtonians

Indicator 1: Improve Healthy Behaviors

Measure d: Obesity Rate Among Youth

Description:

Teen obesity is computed from responses on the Healthy Youth Survey to "How tall are you without your shoes on?" and "How much do you weigh without your shoes on?" It includes 10th grade students who are in the top five percent for body mass index by age and gender based on growth charts developed by the Centers for Disease Control and Prevention.



Obesity Rate Among Teens	
2002	9.5%
2004	10.0%
2006	10.6%
2008	11.0%

Sources:

[Department of Health](#)
[U.S. Center for Disease Control](#)