

Health Management Programs – Kaiser

Concept	Programming
Partnership	<ul style="list-style-type: none"> • Total Health Assessment (Health Risk Assessment) • Electronic Medical records – compilation of materials from all sources • Email to MD • Access to test results & prescription refills • Review of notes from previous visits (including instructions) • Library of general info re: tests, treatments, meds. • Library of videos and pod casts (e.g., healthy babies, smoking cessation, weight loss, fitness, nutrition) • Confidentiality protected
Care Improvement	<ul style="list-style-type: none"> • Entire care team can access medical records (PCP, specialists, lab, pharmacy) • Best practice guidelines for conditions • Alerts for medication interactions • Alerts re: needed tests, retests, screenings
Chronic Condition Support	<ul style="list-style-type: none"> • Outreach • Educational materials & programs • Telephone support and follow-up • Multi-disciplinary teams • Family education and support • Prompts for care providers • Conditions include asthma, COPD, congestive heart failure, coronary artery disease, diabetes, end stage renal disease, high risk pregnancy • Case management for cancer, ADHD, major depression, pain, wounds, frail elder care, tobacco cessation
Additional Info	<ul style="list-style-type: none"> • www.kp.org

Health Management Programs – Group Health

Concept	Programming
Partnership	<ul style="list-style-type: none"> • Health Risk Assessment • Electronic Medical records – compilation of materials from all sources • Email to MD • Access lab results • Articles and resources regarding wellness, prevention, and chronic conditions • Lifestyle coaching when HRA responses indicate possible benefit of activity, nutrition, tobacco cessation, stress or depression management • Birthday letter with a reminder of health screenings to consider • Confidentiality protected
Care Improvement	<ul style="list-style-type: none"> • Entire care team can access medical records (PCP, specialists, lab, pharmacy) • Best practice alerts • Alerts for medication interactions • Alerts re: needed tests & retests
Chronic Condition Support	<ul style="list-style-type: none"> • Candidates identified through info from PCP, hospitals, claims data, lab data, Rx data • Conditions include asthma, depression, diabetes, heart care, HIV/ Aids, anticoagulation management • Case management for other conditions including for persons in nursing facilities
Additional Info	<ul style="list-style-type: none"> • www.mygrouphealth.org